

SEHAT SATHI Program

Launched to Revolutionize Elderly Healthcare

In a ground breaking initiative aimed at enhancing healthcare access for senior citizens, the **Citizen's Action Group (CAG)**, with a view to promote "60+ Care and Research Foundation" in collaboration with the innovative start-up company "Health Sewa," has launched an ambitious program titled "**SEHAT SATHI.**" The program is designed to cater to the medical needs of elderly individuals who face mobility challenges and cannot easily visit a doctor's clinic or a nursing home.

This program is the result of several round bilateral discussions and negotiations between both agencies ie CAG and Health Sewa keeping in view to enhance the health care services to seniors with strong considerations on ethics , values and principles aliening the emerging need and expectations.



With growing concerns over the accessibility of healthcare services for the elderly due to factors such as poor health, lack of transportation, and the increasing costs of hospital treatments, SEHAT SATHI provides a much-needed alternative. The program offers a cost-effective, home-based medical service that ensures senior citizens receive timely and quality healthcare without unnecessary financial burdens.

Key Features of SEHAT SATHI:

1. **Health Awareness Campaigns** – The program will conduct joint health camps to educate seniors on common health issues and preventive measures.
2. **Home Visits by Doctors** – A doctor can be requested at home through a simple phone call.
3. **Quick Response Time** – A medical professional will reach the patient's home within **two hours** of receiving the request.
4. **Essential Diagnostic Services** – Necessary second-line diagnostic tests will be conducted as per the doctor's prescription.
5. **Availability of Skilled Healthcare Staff** – If required, trained healthcare professionals will be provided to assist patients at home.
6. **Discounted Medicines** – Medicines will be delivered at a discounted rate, with a **maximum discount of 15%.**

The initiative is structured to exclude emergency cases, wherein patients will be advised to visit nearby hospitals or multi-specialty centers. SEHAT SATHI focuses on routine checkups, timely interventions, and affordable healthcare solutions to build trust and reliability among the elderly community.

Guiding Principles and Limitations:

During discussions on the Memorandum of Understanding (MoU) between the two collaborating parties, several key ethical and operational guidelines were agreed upon:

1. **Independence from Hospitals** – The program will not be affiliated with any particular hospital, ensuring unbiased healthcare service.
2. **Commitment to High Standards** – While SEHAT SATHI aims to provide top-tier healthcare services, it does not guarantee patient-level outcomes, as aging and pre-existing conditions play a significant role in health prognosis.
3. **Prohibition of Unethical Practices** – The program maintains a strict policy against unethical practices, including the creation of fake medical reports for any Citizen's Action Group (CAG) member.

A Step towards Senior-Friendly Healthcare

With an increasing number of elderly individuals living independently without the direct support of their children, SEHAT SATHI serves as a critical intervention to safeguard their well-being. The initiative prioritizes accessibility, affordability, and trust, creating a reliable parallel healthcare platform for those who need it most.

As the program takes its first steps, stakeholders remain optimistic about its potential to revolutionize senior care Patna Municipal Area . With a vision to make healthcare more inclusive, SEHAT SATHI is a promising step towards ensuring dignified and comprehensive medical support for our elderly population.

Stay tuned for more updates as the initiative unfolds, bringing health and happiness to the golden years of life!

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